

THE
FRIENDLY PHYSICIAN.

A NEW TREATISE;

CONTAINING

Rules, Schemes, and particular Instructions, how
to Select and Furnish

SMALL CHESTS

With the most approved necessary Medicines
and full Directions how to apply them.

TO WHICH ARE ADDED

Many excellent RECEIPTS for particular

DISORDERS.

Collected from private Practice,

By F. SPILSBURY, Chymist.

Sold by Mr. WILKIE, Bookseller, in St. Paul's Church Yard; Mr. STEVENSON, at Newry, in Ireland; Mr. SWINNEY, at Birmingham; Mr. GILBERT, in Dublin; Mr. CROUSE, at Norwich; Mr. SAINT, Printer, at Newcastle on Tyne; and by the AUTHOR, at No. No. 5, in Mount Row, near Westminster Bridge. 1773.

THE FRIENDLY PHYSICIAN

A NEW TREATISE

OF

Rules & Directions for the Management of the Sick

IN ALL THE FEVERS

With the most approved necessary Medicines
and full Directions how to apply them

TO WHICH ARE ADDED

Many excellent RECEIPTS for particular

DISEASES

Collected from private Practices

By J. SPILSBURY, CHURCH

Sold by John W. White, Boston, in New York, by John G. ...
in Dublin, by ...
on ...

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TO THE
P U B L I C.

I HAVE frequently taken notice of the Medicine Chests* in the cabinet-shops, some containing six bottles, some nine, and some twelve; others larger, with drawers to hold different Medicines; which are extremely convenient in any exigency, and would be more universally made use of, if a simple and safe plan could be adopted: and I think it is a pity no person has ever given a hint how to furnish those small ones. There are frequently advertised large Chests, the plan of which I do not altogether approve of; because, when a persons buys one, and takes it many miles in the country, and is out of the several Medicines, he is obliged to send up to the first proprietor, otherwise they cannot have the same; therefore all Medicines in the Chests should bear the title of the London Dispen-

* In furnishing Medicine Chests, particular regard must be had to the different climates; and to the disorders that are most prevalent in those countries.—The same in Travelling Chests.—Each person, knowing their own constitution, will endeavour to accomodate themselves accordingly,

fatory, as directed by the College of Physicians, unless there may be something added more efficacious; and then the Recipe should be given, or say where it is taken from.—I do not mean to enter largely on the Dispensatory, as those have done; but only to endeavour at a scheme for furnishing small ones, from 1l. 1s. to about 4l. 4s. each, first cost; (persons suiting their own stations;) to be ready at any time when any sudden illness should seize any of the family.

The necessity of such a plan is too obvious, especially when we consider the many accidents human nature is subject to; in which, without immediate help, we are either lost, or kept in great pain; which would be in a great measure prevented, if masters or mistresses of families would keep a small Chest by them; and particularly those who reside in a country village, often many miles from a town where an Apothecary is to be met with.

I shall now proceed to select such Medicines as I think necessary, and choose those chiefly which the College of Physicians have ordered the Apothecaries to keep in their shops; that, by asking for the Medicines by their names, you will always have the right, if you deal with a person of credit.—I will not recommend any Medicine where there may be danger in it, without pointing it out likewise. Electuaries, on account they are so disagreeable to take, I leave out; as I can always substitute something more agreeable in a liquid; and, as my design is to curtail Physic, I shall chiefly confine myself to those Medicines that lie in a small compass, whose virtues I have often so happily experienced.

As

At my first writing of this, I had no thoughts of offering my service to the public, to furnish those small Chests; but, if any person is desirous of my service, I will very readily give my advice, and explain more particularly the Recipes, and Nature of the Medicines, and take care they shall be supplied with the best of them: And, as I am the first who has endeavoured to make these small Chests universal, without any reserve; I hope, at least, I may meet with candour; and any hints that will improve the whole will be gratefully received,

By their humble Servant,

Francis Spilsbury,

CHYMIST,

(No. 5.)

Mount-Row, Westminster-Bridge, SURRY.

I have been thinking of this I had no doubt
 that the world was in the hands of the
 devil, and that all our power is of no
 avail. I will now write you my opinion, and
 explain more particularly the reason, and I think
 to the satisfaction of all who read this letter, as
 I do not wish to be long. I am the first
 who has written to you in many years, and
 I hope you will find it of some use.
 I have now said all that I have to say, and
 I hope the whole will be of service to you.

By their number 1000000

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DIRECTIONS

FOR FURNISHING

MEDICINE CHESTS.

I HAVE, in the course of this work, exceeded the bounds I, at first, intended; and have taken notice of several Medicines, which are useful on particular occasions, (and which the public may be furnished with, if they think proper) though not absolutely necessary to be kept in every house. The small Chests, with a few bottles, will ever be found the most serviceable; the use of which I most strongly plead for, without interest; as I am intirely against any secret nostrums being put in; and hope no one will encourage any such practices.

A TABLE OF WEIGHTS.

Twenty Grains	-	make	-	-	One Scruple.
Three Scruples	-	-	-	-	One Draehm.
Eight Drams	-	-	-	-	One Ounce.
Twelve Ounces	-	-	-	-	One Pound.

A Gill in Measure is called Four Ounces in Weight.

Glass Mortars are handy and cheap; and, with care, will last some time.

FIRST

FIRST SCHEME.

Which no family ought to be without.

Elixir Paregoric.	Anodyne Balsam.	Traumatic Balsam, or Turlington's.
Wine of Ipecacoanha.	Tincture of Jalap.*	Salts, or Hartshorn Drops.

If you should choose a nine-bottle Case, then
add the three following.

Tincture of Soot.	Styptic Tincture.	Aromatic Tincture.
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If a twelve-bottle Case, then add the following,
or any others you may think proper.

Spirit of Lavender compound.	Tincture of Valerian volatile.	The Basilicon Powder.
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* The chief recommendation of the Tincture of Jalap is its
lying in a small compass, and purging briskly; otherwise some
people may choose Tincture of Rhubarb, or Sena, commonly
called Daffy's Elixir; or an imitation of Baume de Vie.

A S C H E M E

To furnish a large Medicine Chest.

Others may be added.

Elixir Pare- goric.	Balsam Anodyne.	Tincture of Soot.	Hartsh. Drops, or Salts.	Wine of Ipeca- coanha.
Styptic Tincture.	Volatile Tinct. of Valerian.	Tincture of Jalap.	An Imita- tion of Beaume de Vie.	Jesuits Drops.
Balsam Trau- matic.	Wine of Anti- mony.	Compd. Powder Con- trayerva.	Basilicon Powder.	Tinct. of Sena, or Daffy's Elixir.
Spirit of Wine and Camphor.	Liquid Lauda- num.	Bitter Tincture.	Aromatic Tincture.	Cream of Tartar.
Magnesia.	Nitre.	Sperma- ceti.	Yellow Basilicon.	Diachy- lon Plaster.
Turner's Cerate.	Rhubarb.	Glauber Salts, and Manna.	Hysteric Water.	Spirit of Lavender com- pound.

And the following dried Articles will be found very useful.

All-Spice, Alum, Gum Arabic, Ginger, Pearl-Barley, Cinnamon.

Also the following dried Herbs,

Marshmallows, Mint, Peppermint, Chamomile Flowers, Penny-
Royal, Ground-Ivy, Balm, and Sage, to make Teas or Infusions.

As

As Medicine Chests are made of different sizes, each person may adopt which they please: the first, nine, or twelve, I particularly recommend to every family. Those who keep the whole will have a very good Apothecary's shop; and a Physician or Apothecary may make a good Medicine up quickly, to suit any exigency. I have omitted the Bark, and several other valuable Medicines, because there is time sufficient to procure them, when wanted: and, first, for Colds and Coughs, is

ELIXIR PAREGORIC.

This excellent Elixir was invented by Le Mort, a French Surgeon, and was called the Elixir Asthmatic. It is a Medicine of great efficacy

N. B. Persons who are subject to a bad Cough, of long standing, and Shortness of Breath, must take care not to meddle with it, an account of the Opium in it, which would almost choak them. When a person has got a Cold, they should put on a double night-cap, and a woollen stocking round their neck. Children are frequently troubled with a Cough that proceeds from eating trash, which occasions tough phlegm to be lodged in the stomach: in that case, or where it is a Whooping-Cough, a gentle vomit of Ipecacuanha wine, (dose, two drams, in any pleasant liquor, for a child of six years old) may be given; or a gentle purge; as, Take manna, half an ounce; dissolve it in a cup of tea; and add Tincture of Jalap, one tea-spoonful: but, where Worms are suspected, a dose of Basilicon Powder must be given.

Observe, in taking of Medicines, to begin with a small dose, and so increase or diminish as you find them operate: by this you will discover what is commonly called the Constitution. In Fevers this should be given very sparingly, as it will rather increase the heat,

in

in fresh Colds or Coughs, and may be given to children in the Chin-Cough, commonly called the Whooping-Cough. Dose, a tea-spoonful, (not more) going to bed. Grown people may take more, up to a tea-spoonful and a half. It is a gentle opiate.

BALSAM ANODYNE.

This is a valuable composition. It cures fresh Aches and Pains, arising from Colds, almost to a wonder. Those who are troubled with the Gout, or Rheumatism, must use Opodeldoc.

It likewise cures the Tooth and Head-Ach, and is the basis of those Tinctures advertised. For Outward Pains, rub half an ounce well in before the fire, and wear a flannel. For Nervous Cholics, or Gravelly Complaints, it is sometimes used. Dose, twenty drops to sixty, for a grown person. This is a stronger Opiate than the former.

BALSAM TRAUMATIC,

BAUME DE COMMANDEUR.

This is similar to the Fryar's, and Turlington's Balsam, and is used for the same purposes, viz. Fresh Cuts. It is good for inward Decays, and tickling Coughs. As it is so generally known, I shall not say any more to recommend it. It is rather thinner than the advertised Medicines, but no ways inferior.

SOOT DROPS,
O. R.,
TINCTURE OF SOOT.

Where children are these Drops should always be at hand; there is not any Medicine of so great efficacy as this is in bringing people out of Fits, when properly applied. I have known a grown person seized with Fits, which before used to hold an hour, and could not be brought to herself by any of those cruel, mis-judged methods very often made use of by strangers, as forcing open the hands, pinching, burning, &c. which is wrong. My method was, to pour a pap-spoonful of these Drops down the Patient's throat by itself, and almost immediately they would recover; if not, I gave the second, which seldom failed; indeed, I never knew it to fail. It is a safe Medicine for children from one to four years old: I lower it for them by mixing two or three parts water with it, as one tea-spoonful of Drops and three of water; when children either purge or vomit, the danger is over: rubbing their limbs and soles of the feet is good. The best preservative against Fits is an Issue, and purge off the acids with Magnesia and Rhubarb. In Lethargy Fits, a strong vomit must be forced down, as the Wine of Antimony, the Sal Vitriol; these two last Medicines require judgement.

The STYPTIC TINCTURE.

As sometimes accidents happen by breaking a blood-vessel, or too great an effusion of blood, I have thought proper to recommend this to be kept ready, and will answer all the end of the celebrated Styptic of Helvetius or Eaton. Dip a piece of cloth in it, and apply to the part.

SPIRIT OF ROSEMARY,

OTHERWISE,

HUNGARY WATER.**SIMPLE SPIRIT OF LAVENDER.**

Both of these, when made in perfection, are very grateful and fragrant: they are frequently rubbed on the temples, &c. under the notion of refreshing and comforting the nerves; and likewise taken internally, to the quantity of two or three tea-spoonfuls, as warm cordials, in wine, &c.

WINE OF IPECACOHANA,

COMMONLY CALLED,

The SACK VOMIT.

It is mild, safe, and serviceable, in Dyfenteries. The Powder of Ipecacohana is best for small Chests. Dose of the Wine for a child six years old is six drams, in Powder four grains; grov

people one ounce and a half of the Wine, and in Powder ten grains.

HARTSHORN DROPS.

Their use is well known. Dose from ten Drops to sixty.

SALTS OF HARTSHORN.

The dose is from a grain or two to ten or twelve.

TINCTURE OF MARTIAL FLOWERS, OR OF IRON.

People who live at a distance from chalybeate waters may supply themselves by substituting this Tincture, by dropping from ten to twenty drops in any vehicle twice or thrice a day.

SWEET SPIRIT OF NITRE.

A pleasant, cooling, diuretic Medicine. Dose from ten to fifty drops. Good in Fevers.

The

The SWEET SPIRIT OF VITRIOL,**ACID ELIXIR OF VITRIOL,****AND****SWEET ELIXIR OF VITRIOL,**

Are often used, on particular occasions, for weakness and relaxations of the Stomach, and decays of Constitution.

The VOLATILE TINCTURE OF VALERIAN.

Is a very good hysteric Medicine in nervous cases and lowness of spirits. Dose, three times a day, from one to two tea-spoonfuls in a glass of any liquor, as wine, or wine and water.

TINCTURE OF JALAP.

Is a useful, safe purgative; if it had not that burning heat in the throat, it would not be unpleasant: it is handy to mix in small quantities in any effusion, especially for children, whose aversion to Physic creates much trouble. Dose for children six years old a small tea-spoonful; grown people two spoonfuls, in any liquor. Jalap is frequently used in Scurvy-grafs, and concentrated juices sold as Quack Medicines, and when dropped in water or beer turns whitish.

STOMACHIC ELIXIR,
 OTHERWISE,
STOUGHTON'S ELIXIR.

Take of Gentian root two ounces,
 Orange peel one ounce,
 Virginian snake-root half an ounce,
 Cochineal half a dram,
 French brandy two pints.

Let them steep for three days, then filter the Elixir.—This safe Medicine, being so generally known, needs no further comment. Dose from one to four tea-spoonfuls, in any liquor.

TINCTURE OF SENA,
 O. R.,
DAFFY'S ELIXIR.

This mixture is warm and comfortable to the stomach and bowels, and somewhat proper in cholic complaints, and for the wind. Dose for grown persons one ounce or two; if given to children, lower the dose, as it is too hot for their tender mouths.

SPIRITS OF WINE AND CAMPHOR

Is very handy for sprains, inflammations, diffusing tumours, preventing gangreens, &c.

LIQUID

LIQUID LAUDANUM,

O R,

THEBAIC TINCTURE,*An OPIATE.*

A good Medicine in skilful hands, but very dangerous in ignorant. The white Syrup of Poppies is a very good opiate, and not so dangerous. Peppermint-water, sweetened with this Syrup, is good to stop vomiting, or an over purging. One grain of Laudanum in substance is equal to thirty drops of the liquid for strength.

BITTER TINCTURE.

Is handy for those who like to drink it in wine, or make purl of it; is very safe, and helps digestion. Dose thirty to sixty drops.

The **AROMATIC TINCTURE**

Is a very warm Medicine for weakness of the stomach, in languors and flatulencies, and other like complaints. Dose a tea-spoonful or two in a glass of wine, or wine and water.

HUXHAM'S WINE OF ANTIMONY

I prefer to that directed by the College of Physicians: it is a noble Medicine. In proper hands good to be given against the Small-pox, as

a preparative for Inoculation, for coughs as an alterative and diaphoretic, and apoplectic cases. None ought to meddle with it but with great care. Dose for a child eight years old one tea-spoonful in a glass of water, grown people two; three is a large dose, it vomits very strong. Rectified Spirits of Wine, poured on the glass of Antimony, will neither vomit nor purge, and is the basis of Norris's and Ryffleeg's Medicines.

SPIRIT OF LAVENDER COMPOUND.

This is the red drops of Lavender, very good to snuff up the nose when you have got cold: it comforts the head, and raises the spirits. Dose from twenty to sixty drops, on sugar or in wine and water.

An IMITATION OF BAUME DE VIE.

Take of the Sacred Tincture two ounces, of the Stomach Tincture one ounce, Syrup of Saffron two drams, mixed. This is a very pleasant, safe, easy purge, and no ways inferior to that boasted Medicine "Baume de Vie" in it's virtues. Try and believe.

Observe, People that are troubled with the Piles must not meddle with aloetic Medicines, as this and the Baume de Vie, likewise Scotch Pills.

JESUITS

JESUITS DROPS,

O R,

BALSAMIC TINCTURE.

Take Balsam of Capivi one ounce, Gum Guaiacum two drams, Balsam of Peru four drams, Oil of Sassafras two scruples, Salt of Tartar twelve grains, rectified Spirits of Wine nine ounces: digest them together for four days, and pour off what is fine for use. This is partly taken from Le Mort, who gave the Proprietor the first hint. It is an admirable warm Medicine, and a pity it is not more known in some cases: it has long been advertised for curing a certain disorder, which it will not cure. This Medicine is exceeding good for ulcerations, decays of the lungs and kidneys, fresh cuts, &c. and for that painful complaint the stone in the gall, or the gravel. Dose one tea-spoonful to three or four, when required. It turns water like milk, as Balsams will do when lowered. With this I have often cured a pain in the bowels or stomach much sooner than the Tincture of Rhubarb so often prescribed.

COMPOUND POWDER OF CONTRA-YERVA.

This is a Powder much superior to the Gascoigne's; it is a warm, sudorific, cordial Medicine, and given in low fevers, or where a sweat

is wanted to be raised. Dose ten grains to half a dram, every fourth and sixth hour.

M A G N E S I A.

An exceeding good, safe, useful Medicine; no family should be without it: given with Rhubarb to correct and purge off the acids in the stomach. *

R H U B A R B.

The P O W D E R

Is well known: it is good for strengthening the stomach, and purging off crudities. Dose for one seven years old twelve grains, a grown person half a dram.

N I T R E.

W H I T E P O W D E R.

A cooling diuretic. Dose from ten grains to twenty-four, twice a day. It should be taken in warm water, with a little spirit and sugar, to sweeten and correct the coldness. It will allay heat.

* Solutions of Magnesia in all acids are bitter and purgative, while those of the other earths are more or less austere and astringent. A large dose of the Magnesia, if the stomach contains no acid to dissolve it, does not purge, or produce any sensible effect; a moderate one, if an acid is lodged there, or if acid liquors are taken after it, procures several stools; whereas the common absorbents, in the same circumstances, instead of loosening, bind the belly.

CREAM

CREAM OF TARTAR.**A WHITE POWDER.**

This is an agreeable acid, and sometimes, in making of punch, supplies the place of lemon-juice: it purges very gently. Dose from ten grains to two drams. A safe Medicine.

SPERMA CETI.

Is useful in lying-in cases and miscarriages, or inward bruises or coughs.

The ROYAL BASILICAN POWDER.

From **QUINCEY.**

Quincey says, and not without reason, this is one of the best purges for gross children, that are apt to breed worms, and have large bellies. The ingredients are efficacious; it's operation is mild, and wonderfully clears the bowels of slime. This Cathartic is very proper to be given to persons when they are to be inoculated. It is a very good Family Medicine, and will be of service in the Gout, Rheumatism, Itch, Leprosy, Evil, and other cutaneous disorders. Take care not to catch cold. Dose for children from six grains to fifteen, for grown people from fifteen to forty, mixed with a syrup; for it is a heavy powder, and a mercurial preparation.

WHITE EMULSION,

for a COUGH, or PAIN in the SIDE.

Take Oil of sweet Almonds, and Syrup of Balsam, of each two ounces; four ounces of barley-water, and thirty drops of Sal-Volatile: shake them well together, and take two large spoonfuls. If this does not answer, it will be necessary to be blooded.

For the AGUE.

Best Bark two drams, Salt of Wormwood half a dram, and Snake-root half a dram: divide it into four doses; one dose in a morning fasting, two hours before the fit comes on.

For the GOUT.

A safe, simple remedy, which will give ease, and keep the Gout off:—Take Flower of Brimstone one tea-spoonful, in milk, fasting, every morning: it must be continued every day throughout the year, and begin after a fit is over; it will gripe at first before you are used to it. If you doubt, try.

For the JAUNDICE.

Take a pint and a half of Ale, and heat a poker red hot, and quench it in the Beer, stirring it till the hissing is off: let this be repeated four

or five times; then run the Ale through a cloth, and put in the Ale that is left two table-spoonfuls of Treacle, Saffron ten grains, and Tamarind, *Sw* in powder a scruple: stir it, and take the whole nine mornings fasting. This has been seldom known to fail, and has been kept a secret.

A TINCTURE for the TEETH.

Take proof Spirits of Wine eight ounces, Spirit of Vitriol sufficient to give it an agreeable acid, and Cochineal a scruple: let it stand six hours, then filter it thro' a glass funnel. This is what is sold at a shilling a bottle at the shops. If I mistake not, a *Boys* Patent was granted for it—*Ro* Who can help smiling?

For the E A R - A C H.

The Smoak of Tobacco blown into the ear is excellent; or the Oil of Almonds dropped in the ear, mixed with a little Spirit of Lavender Compound.

For the CURE of a CRUMB of BREAD, or any other Ingredient, going down the Throat wrong-way, as is commonly expressed.

Take a bit of fresh Butter the size of a small nut, and swallow it gently; if that don't cure, add the second bit: it gives ease, and stops the fit of coughing. Sweet Oil will do as well as Butter.

The H E A D - A C H.*A Temporary Relief.*

Take Spirit of Vitriol, pour a little into the palm of the hand, and rub it on the forehead, keeping the hand there some time; or the thin peel of a Seville Orange fresh cut, without the white, put on the forehead, is the best remedy; it makes the place smart, and draws the pain out.

A GARGLE for a SORE THROAT.

Take the best Vinegar half a pint, Red Port Wine a gill, Allum two drams; dissolve it in the Vinegar and Wine, then add honey half an ounce: mix, and gargle the throat often. A Blister round the throat is the best remedy to draw the humour off; or rub the Volatile Lini-ment on the part, and keep the body gently open.

The following is a CARMINATIVE for CHILDREN when in pain, and purge too much.

Take Mint-water a gill; Rhubarb sixteen grains, Diafcordium two scruples; sweeten it with sugar: dose a small pap-spoonful for a child six months old, going to bed. It comforts the bowels, eases the griping pain, and makes them sleep. Some simmer the Mint-water and Rhubarb together.

HUXHAM's

HUXHAM'S TINCTURE OF BARK.

Take Peruvian Bark in powder two ounces, Seville Orange-peel one ounce and a half, Virginia Snake-root three drams, Saffron four scruples, French Brandy twenty ounces: and let it stand four days. Dose, dram to half an ounce. This is given with success in slow nervous fevers, and in the decline of putrid, spotted, and pestilential Fevers, though the remissions are very obscure: it strengthens the solids, prevents the farther dissolution and corruption of the blood, and in the event restores its crasis.

BARLEY WATER.

Take Barley one ounce, Water two pints, often washing the Barley; boil it two minutes, throw the Water away, then add fresh Water three pints, boil it to a quart.

TINCTURE OF JAPAN.

It is astringent, corroborates a relaxed stomach and bowels, stops defluxions, catarrhs, vomiting, diarrhæas, uterine fluxes. Dose half a spoonful to a spoonful, in Red Wine or Mint Water. The Tincture of Cinnamon, or one made of Cassia, will do as well to keep.

SCORBUTIC JUICES.

Take the juice of Seville Oranges, and of Garden Scurvy-grass, each a quart; the juice of Brook-lime, and of Water-creffes, of each a pint; mix them, and when the dregs are subsided strain them through a flannel: these juices, given from two to four ounces, two or three times a day, and continued for some time, are of considerable use in scorbutic disorders. Similar to this, with the addition of Dandelyon and Honey, is the Vegetable Syrup which has been so often advertised. If Mankind lived on a vegetable diet, then would this be sufficient to extirpate the disorders; but as we live so high in our sauces and made-up dishes, the mineral kingdom, which is more ponderous, must be called in.

SPIRIT OF MINDERUS.

This is an excellent deobstruent, diuretic, and diaphoretic, neutral spirit; and as it operates without heat, it may be given in febrile and inflammatory disorders, where Medicines of the warm kind, if they fail of procuring sweat, aggravate the distemper. This dose is from one dram to half an ounce, more or less, according to its strength, which is somewhat precarious, either by itself, or rather with other Medicines adapted to the intention.

STOMACH PILLS.

Take of Rhubarb one ounce, Socotrine Aloes six drams, Myrrh half an ounce, Vitriolated Tartar one dram, Essential Oil of Mint half a dram, Syrup of Orange-peel a sufficient quantity: make them into a mass. This Pill is intended for moderately warming and strengthening the stomach, and evacuating crude, viscid humours. A scruple of the mass may be taken twice a day. Some use a Stomach-plaister for bad complaints.

The DECOCTION OF BARK.

Take Jesuits Bark in Powder one ounce, and boil it in a quart of pure water to a pint; towards the end add Liquorice-root cut half an ounce, to the colature add Nutmeg-water two ounces, and mix them. The dose is a small wine-glass, with ten, twenty, or forty drops of the Volatile Tincture of Guaiacum. A small quantity of Winter's Bark gives it a grateful warmth, and renders a quantity of the compound water less necessary. This Receipt will make the simple Decoction, only leave out the Nutmeg-water.

TOOTH POWDER.

Take Dragon's Blood, Allum, Myrrh, Cream of Tartar, equal parts, in fine powder, which mix; to give it a fine colour some add Vermillion, but

it is better to be let alone. This Powder may be used by itself; but if the gums are wasted, you may make a Paste, by mixing it with Honey of Roses, and use it gently with your finger.

A very good SUDORIFIC TINCTURE.

Take Virginia Snake-root six drams, Cochineal and English Saffron each two drams, Opium one scruple, Spirit of Minderus one pint: digest them together in a gentle heat for three days, and then pass the Tincture through a strainer. This Composition is an efficacious Sudorific, to be taken for a Sweat. Dose half an ounce in a glass of simple water or wine; taken for easing pain, and composing the Patient to sleep.

SALT OF WORMWOOD DRAUGHT.

Take a scruple of Salt of Wormwood, pour upon it by little and little fresh Lemon-juice, till it has quite done fomenting, and tastes quite insipid; about one large spoonful is sufficient; then add a little fine Sugar, to make it palatable. About a wine-glass of Spring or Barley Water, and a pap-spoonful of Cinnamon Water, make a most pleasant draught. Above the age of fourteen it may be given once in six or eight hours, in any little feverish complaints, sickness at stomach, watchings, parched dryness of the mouth, and such-like ills, and is often preferable to the Fever Powder; from seven to fourteen years
half

half a draught is sufficient; under that age still decrease the quantity.

DISTILLED OR ESSENTIAL OILS

Are never given alone, on account of their extreme heat and pungency, which, in some, is so great, that a single drop, let fall upon the tongue, produces a gangrenous eschar. They are readily imbibed by pure dry sugar, and in this form may be conveniently exhibited. Ground with eight or ten times their weight of sugar, they become soluble in aqueous liquors, and thus may be diluted to any assigned degree. Mucilages also render them miscible with water in an uniform milky liquor. They dissolve likewise in spirits of wine, the more fragrant in an equal weight, and almost all of them in less than four times their own quantity. Their solutions may either be taken on sugar, or mixed with syrup, or the like: on mixing them with water, the liquor grows milky, and the oil separates.

ESSENTIAL OIL OF ANNISEEDS.

This Oil possesses the taste and smell of the Anniseeds in perfection. It is one of the mildest of the distilled Oils: fifteen or twenty drops may be taken at a time without danger, though common practice rarely goes so far as half the number. Its smell is extremely durable and diffusive. Milk drawn from the breast after taken, it is

found impregnated with it's odour; and possibly this may be, in part, the foundation of pectoral virtues usually ascribed to it. In Flatulences and Cholics it is said by some to be less effectual than the feeds themselves.

OIL OF CINNAMON.

This valuable Oil is extremely hot and pungent, of a most agreeable flavour, like that of Cinnamon itself. In cold languid cases, and debilities of the nervous system, it is one of the most immediate cordials and restoratives. The dose is one, two, or three drops, which must always be carefully diluted by the mediation of sugar, &c. for so great is the pungency of this Oil, that a single drop, let fall upon the tongue undiluted, produces (as Boerhaave observes) a gangrenous eschar.

ESSENTIAL OIL OF JUNIPER-BERRIES.

This Oil is a very warm and pungent one, of a strong flavour, not unlike that of berries. In the dose of a drop or two it proves a serviceable carminative and stomachic, in one of six or eight, or more, as stimulating, detergent, diuretic, and emmenagogue; it seems to have somewhat of the nature of the Turpentine, or their distilled Oils, like which it communicates a violent smell to the urine.

ESSENTIAL OIL OF THE LEAVES OF COMMON MINT.

This Oil smells and tastes strongly of the Mint; but it is, in both respects, somewhat less agreeable than the herb itself. It is a useful stomachic Medicine, and not unfrequently exhibited in want of appetite, weakness of the stomach, reachings to vomit, and other like disorders, when not accompanied with heat or inflammation. Two or three drops, or more, are given for a dose. It is likewise employed externally for the same purposes, and is an excellent ingredient in the stomachic plaister of the shops.

ESSENTIAL OIL OF THE LEAVES OF PEPPERMINT.

This possesses the smell, taste, and virtues of the Peppermint in perfection. The colour is a pale greenish yellow. It is a Medicine of great pungency and subtilty, and diffuses, almost as soon as taken, a glowing warmth through the whole system. In Cholics, accompanied with great coldness, and some hyseric complaints, it is of excellent service. A drop or two are in general a sufficient dose.

ESSENTIAL OIL OF NUTMEGS.

The essential Oil of Nutmegs possesses the flavour and aromatic virtues of the Spice in an eminent

eminent degree. It is similar in quality to the Oil of Mace, but somewhat less grateful.

ESSENTIAL OIL OF JAMAICA PEPPER.

This is a very elegant Oil, and may be used as a succedaneum to those of some of the dearest spices. It is of a fine pale colour, in flavour more agreeable than the Oil of Cloves, and not far short of that of Nutmegs. It sinks in water, like the Oils of some of the Eastern Spices.

ESSENTIAL OIL OF THE LEAVES OF PENNY-ROYAL.

This Oil in smell and taste resembles the original Plant, the virtues of which it likewise possesses. It is given in hysteric cases from one to four or five drops.

ESSENTIAL OIL OF ROSEMARY.

The Oil of Rosemary is drawn from the Plant in flower. When in perfection, it is very light and thin, pale and almost colourless, of great fragrancy, though not quite so agreeable as the Rosemary itself. It is recommended in the dose of a few drops in nervous and hysteric complaints. Boerhaave holds it in great esteem against epilepsies and suppressions of the uterine purgations, occasioned by weakness and inactivity.

ESSEN-

ESSENTIAL OIL OF RHODIUM.

This Oil is extremely odoriferous, and principally employed as a perfume in scenting pomatums and the like. Custom has not as yet received any preparation of this elegant aromatic Wood into internal use. It is a very dear Oil.

ESSENTIAL OIL OF SASSAFRAS.

This is the most ponderous of all the known essential Oils, but rises in distillation with sufficient ease; it appears limpid as water, has a moderately pungent taste, a very fragrant smell, exactly resembling that of the Sassafras. It stands greatly recommended as a sudorific, and for purifying the blood and juices: it is likewise supposed to be of service in humoural Asthmas and Coughs. The Dose is from one drop to eight or ten.

OIL OF LAVENDER FLOWERS

Is of considerable service, both externally and internally, in paralytic complaints, and in debilities of the whole nervous system in general. The dose is from two to five or six drops.

S Y R U P S.

Syrups are saturated solutions of sugar made in water, or watery, or vinous infusions, or in juices.

juices. They were formerly considered as Medicines of much greater importance than they are thought to be at present. Syrups and distilled waters were for some ages made use of as the great alteratives, insomuch that the evacuation of any peccant humour was never attempted till, by a due course of these, it had first been regularly prepared for expulsion: hence arose the exuberant collection of both which we meet with in Pharmacopœias, and like errors have prevailed in each. As multitudes of distilled waters have been compounded from materials unfit to give any virtue over the helm, so numbers of Syrups have been prepared of ingredients which, in this form, cannot be taken in sufficient doses to exert their virtues; for two-thirds of a Syrup consist of sugar, and greatest part of the remaining third is an aqueous fluid. Syrups are at present chiefly regarded as convenient vehicles for Medicines of greater efficacy, and made use of for sweetening Draughts and Juleps; for reducing the lighter Powders into Boluses, Pills, or Electuaries; and other like purposes. Some likewise may not improperly be considered as Medicines themselves, as those of Saffron or Buckthorn-berries.

SYRUP OF MECONIUM OR WHITE POPPIES.

This Syrup, impregnated with the opiate matter of the Poppy-heads, is given to children in
doses

doses of two or three drams, to adults from half an ounce to an ounce, and upwards, for obtunding and ineraffating acrimonious humours, easing pain, procuring rest, and answering the other intention of mild opiates.

SYRUP OF SAFFRON.

Saffron is very well fitted for making a Syrup, as in this form a sufficient dose of it is contained in a reasonable compass. This Syrup is at present more frequently prescribed, than the Wine from which it is made; it is a pleasant cordial, and gives a fine colour to Juleps.

The SIMPLE SYRUP.

Take of white Sugar and water each equal quantities, boil them into a Syrup. These preparations are plain, liquid, sweets, void of flavour or colour; they are convenient for fundry purposes, where these qualities are not wanted, or would be exceptionable.

OINTMENTS.

I recommend the following, which will serve in any common accident.

DIACHLON PLAISTER.

This plaister is the common application in excoriations of the skin, slight fresh wounds, and

the like; it keeps the part soft, and somewhat warm, and defends it from the air, which is all that can be expected in these cases from any plaister.

YELLOW BASILICON.

This is commonly employed in dressings for digesting, cleansing, and incarnating wounds and ulcers.

POMATUM.

The use is well known.

BLISTERING PLAISTER

Is handy to be kept for the Apothecary to apply

LADIES PLAISTER, AND SWEET OIL OF OLIVES.

Their virtues are well known.

TURNER'S CERATE,

Is commonly used for cuts, scalds, bruises, chilblains, and other trifling complaints, where the skin is worn off.

OINT.

OINTMENT FOR THE ITCH.

Take of Sulphur one ounce, White Helebore Root in powder, or Crude Sal Ammoniac two drams, Hog's Lard two ounces, mix and make them into an ointment. Sulphur is a certain remedy for the itch, more safe and efficacious than Mercury; for, as Dr. Pringle observes, unless a Mercurial Uction was to touch every part of the skin, there can be no certainty of success. The quantity of ointment above directed, serves for four Uctions; the patient is to be rubbed every night; but, to prevent any disorder that might arise from stopping too many pores at once, a fourth part only of the body is to be rubbed at one time. Though the itch may thus be cured by one pot of ointment, it will be proper to renew the application, and to touch the parts most affected for a few nights longer, till a second quantity is exhausted.

CLYSTERS.

ARABIC CLYSTER.

Take an ounce of Arabic Mucilage, and six ounces of Barley-water, or Mutton-broth, and mix for a clyster.

DOMESTIC CLYSTER.

Take half a pint of thin Gruel, an ounce and half of Oil Olive, and a spoonful of brown Sugar, mix them together; sometimes a tea-spoonful of common Salt may be added.

GARGARISMS.

ASTRINGENT GARGARISM.

Take of Tincture of Roses fifteen ounces, Alum two drams, Honey of Roses one ounce, mix them together.

GARGLE FOR A SORE THROAT.

Red Wine and Vinegar, each equal parts, sweetened with Honey.

COOLING GARGARISM.

Take half a pint of Rose Water, the whites of two new laid Eggs, beat up to water, two drams of white Sugar-candy, and half a dram of Nitre, make a Gargarism.

ASTRINGENT GARGARISM.

Take of Tincture of Roses fifteen ounces, Alum two drams, Honey of Roses one ounce, mix them together.

GLAUBER'S

GLAUBER'S CATHARITIC SALT.

This Salt, commonly called Sal Mirabile, taken from three drams to an ounce, or more, proves a very mild and useful purgative.

ROCHEL SALT.

This elegant purging Salt, taken from the last edition of the Paris Pharmacopœia, 1748, under the title of Sal Polycrëstum Solubile Vulgô de Seignette, has, for a long time, been much valued in France, and now very deservedly begins to be greatly esteemed in this country. It is infinitely pleasanter than either Glauber's, or Epsom Salts, so called, and operates very gentle without griping. Its dose is from half an ounce to one ounce, ten drams or more, dissolved in warm water, thin gruel, or oatmeal tea.

LEMON DECOCTION.

Take of the yellow rind of fresh Lemon-peel six drams, boiling water one pint, or twelve ounces; let them infuse together for a quarter of an hour, and after the shortest boiling, only three or four bubbles, strain the liquor, and add four ounces of Rose Water, two ounces of Lemon Juice, and two ounces of double refined Sugar. This elegant, grateful, and cooling liquor, is a most desirable drink in febrile, bilous or inflammatory distempers; for it abates the heat of the
blood

blood and stomach, quenches thirst, and gently promotes the salutary excretions. It may be drank at pleasure without any limitation,

DR. BUTLER'S ALE.

Take of Boteny, Sage, Agrimony, Garden Scurvy Grass, Roman Wormwood, each three hands full; Elecampane Roots, Horse Radish Roots, each four ounces, new Ale four gallons. The Herbs and Roots are to be put in a bag, and hung in the Ale while it works. This liquor has so far obtained among the common people, as to have been frequently made and sold in public-houses. It is used in the Spring for purifying the blood, and preventing scorbutic disorders.

J U L E P S.

CAMPHOR JULEP WITH VINEGAR.

Take of Camphor one dram, Gum Arabic two drams, double refined Sugar half an ounce, Vinegar one pint; grind the Camphor with a few drops of Spirit of Wine, till it grows soft, then add the Gum, previously reduced to a mucilage, with equal its quantity of water, and rub them together till perfectly mixed; to this mixture add by degrees the Vinegar, with Sugar dissolved in it.

CHALK

CHALK JULEP.

Take of the White Chalk prepared, one ounce, double refined Sugar fix drams, Gum Arabic two drams, Water two pints, mix them together. This Julep is designed for heartburns, and other like disorders, arising from acid juices in the first passages; the chief use of the gum is, to give a greater degree of consistence to the water, and enable it to keep the powdered Chalk suspended.

STOMACHIC JULEP.

Take of Simple Mint-water fix ounces, Spirituous Mint-water two ounces, Syrup of Saffron two drams. Or,

Take of Cinnamon Water fix ounces, Nutmeg-water, and Stomachic Tincture, each one ounce, Syrup of Orange-peel half an ounce.

The titles of these mixtures express the intentions for which they are calculated; four or five spoons full maybe taken of either occasionally, or used as weakeners and diluters of medicines of greater efficacy.

CORDIAL JULEP.

Take of Alexterical-water four ounces, Aromatic-water two ounces, Volatile Oily Spirit, and Tincture of Saffron, each two drams, White Sugar half an ounce, mix and make them into a Julep.

Julep. This mixture is a useful cordial in all depressions of the spirits, in the sinkings of low fevers, and the languors to which hysterical and hypocondriacal persons are subject; an ounce, or two spoons full, may be taken for a dose two or three times a day.

DIAPHORETIC JULEP.

Take Alexterical-water four ounces, Spirit of Minderous two ounces, Salt of Hartshorn ten grains, White Sugar six drams, mix them for a Julep. This excellent composition is a very powerful sudorific, and answers its intentions more effectually, and with greater certainty, than many others calculated for the same purpose. Where a copious sweat is to be excited, as in rheumatic diseases, two spoons full are to be taken warm in bed every hour, or two hours, till the sweat breaks out; if warm diluting liquors are not sufficient to keep it up, the same is to be occasionally repeated.

FOETID JULEP.

Take of Asafoetida one dram and a half, Rue-water six ounces, Compound Valerian-water two ounces, Oil of Hartshorn twenty drops, White Sugar ten drams; rub the Asafoetida in the Rue-water till it dissolves, and having dropt the Oil upon the Sugar, mix the whole together. This composition is not a little foetid and unsightly; it
is

is nevertheless a medicine of great efficacy in hypochondriacal and hysteric disorders, asthma, and other nervous complaints; the dose is one Spoonful to be taken thrice a day. It is sometimes prepared without the Oil of Hartshorn.

A HYDRAGOGUE JULEP For the DROPSY.

Take of Camomile Flower Water six grains, Emetic Tartar ten grains, Syrup of Buckthorn two ounces, mix them together. Two spoons full of this Julep are given in hydropic cases every two hours, till it takes sufficient effect, as a purgative, which it generally does before the quantity here prescribed has been made use of. Emetic Tartar thus exhibited, in small doses, and frequently repeated, proves as certain and powerful a cathartic, as it does an emetic, when given in a larger quantity at once. It operates nevertheless for the most part with sufficient ease.

BINDING JULEP.

Take of Alexterical-water four ounces, Aromatic-water two ounces, Japonic Confection two drams, Japan Earth, in powder, two drams, Liquid Laudanum forty drops, White Sugar half an ounce, mix them well together. This Julep is calculated against disentries and diarrhoeas, in which, after proper evacuations, it generally eases the gripes, and restrains the flux. It is to be
F given

given three or four times a day, in the quantity of a spoonful at a time.

CORDIAL MIXTURE.

Take of Simple Cinnamon-water four ounces, Spirituous Cinnamon-water two ounces, Extract of Saffron one scruple, Confection of Kermes six drams, mix them together. In great languors and depressions a spoonful of this rich Cordial Mixture may be taken every half hour.

VALERIAN MIXTURE.

Take Simple Pepper Mint-water twelve ounces, Wild Valerian Root in powder, one ounce, Compound Spirit of Lavender half an ounce, Syrup of Orange-peel one ounce, mix them together. Wild Valerian Root, one of the principle medicines in epilepsies and vertigoes, seems to answer better when thus exhibited in substance, than if given in form of a tincture or infusion; the liquors here joined to it, excellently coincide with, and by their warmth and pungency, greatly improve its virtues. Two spoons full of the Mixture may be taken twice or thrice a day.

SALINE CATHARTIC DRAUGHT.

Take of Glauber's Cathartic Salts and Manna, each six drams, Boiling Water three ounces, Tincture of Cardamom one dram. Dissolve the Salt

Salt and Manna in the water, and having strained off the liquor, add to it the Tincture of Cardamoms.

DIAPHORETIC DRAUGHT.

Take of Spirit of Minderus, Syrup of Meconium, each half an ounce, Salt of Hartshorn five grains, mix them together. This Draught is a very powerful Saline Diaphoretic; it is given with safety, and often with great benefit, in the beginning of inflammatory fevers after bleeding, where theriaca and other warm substances usually employed, if they fail in bringing out a sweat, increase the fever.

For a CRACK'D LIP, which is apt to bleed on any slight pressure.

Take a bit of Sticking Plaister, and apply to the part.

For the CRAMP.

To stretch the limbs out, and move the toes about briskly.

A WASH FOR THE LADIES FACES.

Take Oil of Bitter Almonds two ounces, Oil of Tartar par Deliquium one ounce, Oil of Rhodium four drops, shake them together till thoroughly mixed. It may be lowered with

Pump or Rose-water. It is a fine cream colour, and will make the skin admirably smooth and white, and free it from specks or pimples.

A FEW SIMPLE EFFICACIOUS RECEIPTS.

FOR THE HICCUP.

Take a wine bottle cork, and hold it between the teeth longways for three minutes.

AN EASY EYE WATER.

Take Brandy one table-spoonful, and three of Spring-water, mix them together.

ANOTHER EYE WATER.

Take Sugar of Lead two grains, dissolve it in a pint of Spring-water.—For sore eyes, the Ointment of Tutty is good.

BEEF TEA.

Cut a pound of lean Beef into very thin slices, add to it a quart of Water, put it over a quick fire, let it boil five minutes, take off the scum, and decant the liquor for use.

TINCTURE OF RHUBARB.

There are three sorts, the Spirituous, the Vinous, and the Bitter. This Tincture is a proper purge

purge in loofenesses, vomitings, cholics, gripes, &c. Dose from two drams to an ounce.

SACRED TINCTURE.

It cleanses the first passages, attenuates viscid juices, warms the blood, is good in the green sickness, and hysteric diseases, and promotes the menses. Dose from one tea-spoon full to one ounce; it purges easily—An Aëtic medicine.

THE VOLATILE AROMATIC TINCTURE.

Volatile Salts thus united with Aromatics, are very agreeable, and more acceptable to the stomach; good to smell at; dose is five drops to sixty, in wine and water.

TINCTURE OF HIERAPICRA.

Take of Succotrine Aloes powdered one ounce, Lesser Cardamon Seeds, and Virginia Snake Root each one dram, Cochineal one scruple, Spanish White Wine one pint and half, digest it in a very gentle heat two days, then strain off the Tincture. This is similar to the Sacred Tincture. Dose from one tea-spoon full to four, in Wine, or any other liquor: it purges gently.

TINCTURE OF CASTOR.

This Tincture is recommended in most kinds of nervous complaints and hysteric disorders: dose

dose from twenty drops to fifty, or more. A safe medicine.

In order to furnish those who may chuse elegant distilled Spirituous Waters, I recommend the following, which may be kept in common bottles, viz.

SPIRITUOUS ALEXETERIAL WATER,

Is tolerably pleasant, and is an Alexipharmic and Stomachic, used in Juleps.

CARRAWAY WATER.

A cordial in common use, good for the wind.

SPIRITUOUS CINNAMON WATER,

Is an agreeable, grateful cordial water, it is a great astringent, and good in fluxes.

N.B. It is hard to get good Cinnamon Bark, as the Dutch frequently draw the oil out first, before it comes over; for this reason I have often recommended the Cassia, for a Spirituous Water, which, when good, makes an agreeable water.

AROMATIC WATER, OR AQUA MIRABILIS.

Take Cinnamon two ounces, fresh Yellow Rind of Lemons, and Angelica Seeds each one ounce,
Mace

Mace half an ounce, Pepper Mint three ounces, French Wine one gallon, digest it for two days, and then distil off one gallon. This Water is very rich of the spices, and proves a pleasant warm cordial and carminative; it often gives present relief in languors, flatulencies, cholicky pains, and other like complaints.

NUTMEG WATER.

This Water is regarded only as an agreeable spirituous liquor, lightly impregnated with the Nutmeg flavour.

SPIRITUOUS PENNY-ROYAL WATER.

This Water has great share of the flavour of the Penny-Royal, and is pretty much in use as a carminative and anti-hysterical.

SPIRITUOUS JAMAICA PEPPER WATER.

This Water is far more agreeable than a simple water drawn from the same spice, and has long had a place among the cordials, both of the distiller and apothecary; though it has not yet been received into any public Pharmacopæia.

HYSTERIC JULEP.

Take Penny-royal Water four ounces, Compound Valerian Water two ounces, Tincture of Castor two drachms, Salt of Hartshorn ten grains,
and

and Loaf Sugar fix drams. The dose two table^s spoons full every four or six hours; it is calculated against hyſteric and paralytic diſorders.

STOMACHIC TINCTURE.

Take of Raiſins ſtoned four ounces, Cinna^mon half an ounce, Carraway Seeds, Leſſer Candamoms hulk'd, and Cochineal, each two drams, Proof Spirit two pints. This is a grateful, elegant cordial Tincture, pleaſanter than the Uſquebaugh, and may be taken from half an ounce to an ounce.

SNUFF FOR THE HEAD-ACH.

Take of Betony, Lavender Flowers, and Mar^jarom, of the leaves of each equal parts, beat them together into powder. This Snuff may be ſafely uſed in all complaints of the head: it is prepared from herbs which have a particular efficacy in thoſe caſes, as it is manifeſt from the infinite ſervice from it in old and ſettled pains of the head. It may be taken as freely as you pleaſe.

NERVOUS TINCTURE.

Take Ruſſia Caſtor one ounce, Aſſafoetida half an ounce, Spirit of Sal Volatile one pint, di^geſt them for ten days in a cloſe ſtopped phial, frequently ſhaking the veſſel, and then ſtrain off the Tincture. This Tincture is very ſerviceable in lowneſs of ſpirits, faintings, and hyſterical caſes;
the

the dose is from one to two tea-spoons full, two or three times a day, in a glass of Wine and Water or Valerian.

O P O D E L D O C

Is very serviceable in bruises and strains; it should be rubbed in with the warm hand three or four times a day.

TO SWEETEN THE BREATH.

At night going to bed chew about the quantity of a small nut of fine Myrrh.

Of the Number of SIMPLE WATERS, the following are the best.

Viz. Mint—Pepper Mint—Penny-Royal—Rose—Cinnamon and Fennel Water. The dried herbs kept and made into infusions as wanted, I think is better. Observe in making of infusions, let not the water stand too long on the ingredients, for in all infusions, tinctures, &c. the finer particles are drawn out first.

There are several other medicines you may put into a chest, that are not mentioned in the scheme; as the Sweet and Acid Spirit of Vitriol, Sacred Tincture, Stomach Tincture, Nervous Tincture, Liquid Laudanum, Calomel, a Mercurial Powder, Tincture of Castor, the Spirit Volatile Aromatic, Tincture of Rhubarb, Eau de Luce, Lavender and Rosemary Water, &c. and as

Powders keep better in bottles than drawers, I have ordered some bottles in the 12 and 16 chests to be made with wide mouths. Since the first publication of this book, I have considered and made an estimate of several chests, and those who have honoured me with their commands, have thought me reasonable : in order that the public may judge, I will lay the particulars before them.

Each chest is neatly made of mahogany wood, with brass handles and locks; the bottles are square, with glass stoppers, holding either an ounce or two ounces; labeled, and filled with the particular medicines.

The Price of a Medicine Chest compleat, with medicines included,

	<i>l.</i>	<i>s.</i>	<i>d.</i>
A 6 bottle Case, one ounce each	0	16	0
9 Ditto	1	2	0
12 Ditto	1	8	0
16 Ditto	1	16	0
20 Ditto	2	6	0

These Chests, when ordered, are packed up in another case, without any extra charge.

The Price of the Chests furnished compleat, with two ounce bottles each, as before.

	<i>l.</i>	<i>s.</i>	<i>d.</i>
A 6 bottle Case, of two ounces each	1	1	0
9 Ditto	1	10	0
12 Ditto	2	2	0
16 Ditto	2	12	6
20 Ditto	3	3	0

Any

Any person may chuse their medicine
no extra charge, excepting for the fine Oils
Scents, as Musk, Oil of Rhodium, Lavender
&c. which are very dear, and are often sold
1d. and 2d. a drop in the shops.

I likewise furnish Cordial Chests of the
Iron, Cinnamon, and other Waters; and
Chests of the fine Scents and Travelling Chests
at the same reasonable Rate; but they vary
much, that I cannot minutely fix the price.

All other medicines and drugs prepared, and
sent into the country with care.

Ladies and Gentlemen who reside in the
country, will hereby be enabled to assist their
family and poor neighbours; and by a little
practice, will soon become acquainted with me-
dicine sufficient to answer domestic purposes, till
further assistance can be procured. There are
some receipts which I have put down, which,
because they are simple and easy, may create a
laugh, though they are a sure remedy for the
complaint.

All letters, post paid, will be duly answered,
and Chests sent according to the directions given.

F I N I S.

E R R A T U M.

P. 21. for a Boy's Patent, read a Royal Patent.

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